

Checklist: Cruising with Kids & Infants

Carry-On Bag (Embarkation Day & First 6 Hours)

- ☐ Original valid passports or government IDs for all minors.
- ☐ Notarized travel authorization / minor consent letter (essential if traveling with one parent or legal guardians).
- ☐ Immunization records and pediatric health insurance coverage cards.
- ☐ Two full changes of clothes per child and a 24-hour supply of diapers/wipes.
- ☐ Swimsuits and non-slip pool sandals packed in your day bag (checked stateroom luggage can take hours to arrive, while pool decks are open immediately).
- ☐ Pacifiers, sanitized bottles, and pre-portioned baby formula (onboard gift shops rarely stock infant formula or specific brands).
- ☐ Fully charged tablet with kid-safe headphones and pre-downloaded offline shows and games.

Pediatric Health & First-Aid Kit

- ☐ Digital oral/forehead thermometer.
- ☐ Liquid pediatric fever and pain relievers (acetaminophen / ibuprofen) with dosage syringes.
- ☐ Electrolyte rehydration packets.
- ☐ Pediatric antihistamines and hydrocortisone cream for bug bites or heat rashes.
- ☐ Reef-safe mineral sunscreen (SPF 50+) and waterproof lip balm.
- ☐ Bandages, antiseptic wipes, and motion-sickness remedies approved for children (acupressure wristbands or chewables).

Apparel & Stateroom Essentials

- ☐ Approved swim diapers (mandatory for children who are not fully potty trained to enter onboard splash zones).
- ☐ Extra packs of baby wipes (shops onboard carry minimal personal care items at high prices).
- ☐ Water shoes with durable rubber traction for slippery pool decks and rocky shorelines.
- ☐ Light layers (zip-up hoodies, cardigans) to combat cold indoor air conditioning in main dining rooms and theaters.
- ☐ Ultra-compact umbrella stroller that folds flat to navigate narrow stateroom corridors and cobblestone streets in port.

